



336 PANORAMADATA MARCH 2024 ENGLISH



www.panoramaestates.co.za

GPS: 26.09294S 27.82549E

**HOME OWNERS -AFTER HOURS
EMERGENCY**

071 683 4821

HERBERGE - 24 EMERGENCY

HERBERG 1 & 3: 078 523 8926

HERBERG 2 : 073 591 9324

EMAIL ADDRESS - OFFICE

reception@panoramaestates.co.za

CONTACT NUMBERS

SECURITY – OFFICE HOURS	011 954 4590 079 146 2082	SECURITY – OFFICE HOURS
OFFICE, RECEPTION, SWITCHBOARD	011 954 1077/8 011 954 4590/1376	NELLA MOOLMAN
DOMESTIC WORKERS – OFFICE HOURS	071 165 8627	SUS DIEDERICKS
NURSING SISTER – OFFICE HOURS	072 010 9334	SUNET VILJOEN
MARKETING	082 379 1081	BETTIE SENEKAL
MARKETING	082 783 4909	CHARMAINE ALLEN
RESTAURANT	011 954 6966	brianswarts@mweb.co.za
HAIR STRONG SALON	060 924 4596	SAMANTHA MARAIS
GUEST ROOMS	011 954 5777	MARIE COETZER
FRAIL CARE	011 954 5190	FRAIL CARE

NEW RESIDENTS - Welcome

D234 Dahlia	Anna Serfontein	M289 Passage 7	Annie Stewart
D244 Cosmos	Ria Strydom	C43 Tarentaal	Rosa van Niekerk
C85 Karee	Betty Manyani	D204 Erica	Amanda Pretorius
D62 Azalia	Jack & Mélanie Engelbrecht	C94 Kiepersol	Coen & Heleen vd Berg
Her3 K12	Marie Beetge		

HOSPITAL - We wish you a speedy recovery

<i>D159 Hibiscus</i>	Juliana Labuschagné	<i>D271 Carnation</i>	Frankie Prinsloo
<i>C10 Berg</i>	Mélanie Engelbrecht	<i>D212 Erica</i>	Francie van Zyl
<i>M295 Gang 8</i>	Daphné Sloet	<i>D242 Dahlia</i>	Edna Stonefield
<i>C27 Loerie</i>	Nico van Loggerenberg	<i>D118 Cosmos</i>	Heila du Preez
<i>M297 Gang 8</i>	Charl Smit	<i>C65 Taaibos</i>	Martie Richards
<i>Her3 K32</i>	Christine Hatter	<i>Her2 B9</i>	Ben Havenga

IN MEMORIAM - Our deepest condolences

<i>D169 Gardenia</i>	<i>Susan Corbett</i>	<i>C118 Karee</i>	<i>Sister of Blossom Horne</i>
D236 Dahlia	Brother of Marina Cilliers	<i>D272 Canna</i>	<i>Daughter of Dawn Pascoe</i>
Her1 F5	Marge Duck		

CLINIC

MONDAY & FRIDAY	Home visits
TUESDAY	9:00 – 11:00 in Clinic (Admin building) Injections (own stock) will only be administered on Tuesdays at the clinic
WEDNESDAY	9:00 – 11:00 in Clinic (Admin building) Routine examinations e.g., blood pressure, blood sugar, etc.
THURSDAY	10:00 – 13:00 Dial 011 950 9000 Dr Hans Nel - By appointment only at Panorama Clinic
MONDAY	11h00 in Clinic (Admin building) Hearing Services - Cordelia 011 954 0856 Dates available in office

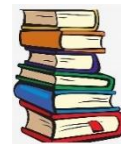
LIBRARY



Tuesday, Wednesday, Thursday

10h00 to 12h00

Monika Fourie 082 876 4765



BIRTHDAYS

May every moment of your special day be filled with the same joy and happiness you bring to others.

Goodwill Committee

1-Mar	Johan	Van Wyngaard	C91	Kiepersol
1-Mar	Louisa	Fick	D191	Erica
1-Mar	Charlotte	Le Roux	C2849	Protea
2-Mar	Hester	Corbett	D124	Cosmos
2-Mar	Hettie	Loggenberg	C93	Kiepersol
2-Mar	Anna	Serfontein	D234	Dahlia
2-Mar	Hans	Hamman	Her1	E9
3-Mar	Piet	Marais	D187	Erica
3-Mar	Irma	Du Toit	M298	Passage 8
3-Mar	Rita	Lawrenson	C70	Berg
3-Mar	Ria	Van Den Berg	D263	Panorama
4-Mar	Trynie	Van Der Schyff	D75	Azalia
5-Mar	Okkie	Goosen	C130	Azalia
5-Mar	Isabell	Thomas	Her3	K43
5-Mar	Doreen	Green	Her2	D38
5-Mar	Annetjie	Lourens	D223	Dahlia
7-Mar	Leon	Van De Venter	C78	Karee
8-Mar	Coen	Van Den Berg	C94	Kiepersol
9-Mar	Frankie	Prinsloo	D271	Carnation
9-Mar	Tersea	Strauss	M202	Passage 3
10-Mar	Ray	Spencer	C150	Protea
10-Mar	Charl	Smit	M297	Passage 8
11-Mar	Tjaart	Du Preez	D118	Cosmos
11-Mar	Lindsay	Esterhuizen	C37	Tarentaal
12-Mar	Lettie	Snyman	D180	Gardenia
12-Mar	Pop	Strydom	D83	Azalia
13-Mar	Myrtle	Lloyd	C32	Loerie

14-Mar	Eddie	Pointer	Her1	F11
14-Mar	Louise	Jordaan	D246	Cosmos
14-Mar	Dieuwke	Pretorius	D154	Hibiscus
14-Mar	Elaine	Terblanché	C145	Iris
15-Mar	Ina	Wiese	Her1	E8
15-Mar	Tersia	Du Plessis	C25	Kwikkie
16-Mar	Steve	Dennis	M250	Passage 5
16-Mar	Johnny	Lloyd	C32	Loerie
16-Mar	Sheilagh	Dennis	M250	Passage 5
16-Mar	Sarie	Vermaak	C91	Kiepersol
17-Mar	Eddie	Holder	D230	Dahlia
17-Mar	Ruth	De Jong	C58	Berg
18-Mar	Danny	Maré	C107	Berg
19-Mar	Koos	Lombard	M290	Passage 7
19-Mar	Roelf	Van Heerden	C88	Kiepersol
19-Mar	Pina	Van De Venter	C20	Loerie
20-Mar	Margie	Tourle	C100	Kiepersol
21-Mar	Remertha	Erasmus	Her3	K27
23-Mar	Mien	Bettings	C36	Tarentaal
24-Mar	Francois	Rauch	C146	Iris
24-Mar	Mari	Helberg	C90	Kiepersol
24-Mar	Barbara	Walker	C14	Kwikkie
25-Mar	Chris	Eksteen	C5	Arend
25-Mar	Eckhard	Müller	C64	Taaibos
25-Mar	Eben	Van Der Merwe	C20	Loerie
25-Mar	Hannes	Wessels	C48	Tarentaal
25-Mar	Althea	Kuyper	D119	Cosmos
25-Mar	Sheila	Lloyd	D238	Dahlia
26-Mar	Nelie	Van Wyk	D264	Clivia
28-Mar	Christine	Hatter	Her3	K32
28-Mar	Betty	Mansfield	Her3	K11
29-Mar	Lanie	Kotzé	Finance	Office
29-Mar	Con	Botha	D250	Cosmos
29-Mar	Cynthia	Rogers	C129	Azalia
29-Mar	Rita	Verwey	D231	Dahlia
30-Mar	George	Smart	D168	Gardenia
30-Mar	Gertjie	Pretorius	C39	Tarentaal
31-Mar	Stoffel	Van Tonder	D120	Cosmos



FAREWELL
Previous Manager
Amanda Venter
2008 - 2024



WELCOME
New Manager
Tania Smith
2024



GOODWILL



At our first meeting of 2024 held on the 13th of February, a few moments of silence was observed in memory of those who had passed away during 2023.

We would like to take this opportunity of thanking Jacky Billman, who did not make herself available for re-election as Chairperson in 2024. Her enthusiasm and dedication in the role of Chairperson was greatly appreciated. Under Jacky's leadership, the special birthday card initiative for individuals over the age of 90 came to fruition, and she was also actively involved in the arrangements for funeral services held at Panorama. Amanda Venter thanked Jacky for her co-operation when working with the Panorama office staff.



The new management for 2024 is as follows:

- Shirley Theron (Chairperson)
- Carien de Waal (Secretary)
- Dorothea Janse van Rensburg (Treasurer)
- Maxi van Heerden and Marina Cilliers as additional members.

We are grateful for the contribution made by each Street Representative and volunteer in welcoming new residents, conveying birthday wishes, and for many other acts of kindness. Our appreciation also goes to those who assisted at memorial services. Elma Seymore-Smith has agreed to act as the liaison person and organiser for these services, she can be contacted via the Panorama office.

We look forward to 2024 with great anticipation and welcome any suggestions for possible projects or opportunities we can offer, or where we can get involved, for the well-being of residents. We will be liaising with the Management of Frail Care in order that we can extend acts of kindness to those residents.



Our main fundraising drive for 2024 will take place at the **Morning Market** on **March 2, 2024**, where, once again, we will be selling delicious puddings. We rely on the support of Panorama residents for donations of puddings or cash donations. To those who have already assisted us, thank you very much. We still need more assistance with making of desserts. Please contact Marina Cilliers (072 955 2086) if you can help.

Once again, thank you to all our volunteers for your selfless service to the residents of Panorama.

Maxie Van Heerden

SOCIAL CLUB

Second-hand Clothing Sales

We are truly grateful for all the donations of clothing, shoes, linen etc., that we have received from the residents of Panorama Estates. This really assists us in providing a 'shopping opportunity' for the workers at Panorama and is appreciated by them.

White Elephant Table – 2nd March: A **HUGE BIG THANK YOU** to those residents, and their families, who have donated items for sale at our White Elephant Table at the **MORNING MARKET** on the **2nd of March**. Without you this would not have been possible!



If anyone would still like to donate your pre-loved items, please contact **Gretchen Fuchs (082 321 0745)** or **Dalené Cronjé (082 460 6928)**. We also collect.

Don't forget the **Morning Market** on Saturday 2nd March where there will be amazing stalls, both food and other, e.g. jewellery, shoes, preserves, vintage clothing, and much more ...

Monthly Braai: Our next braai will be held on **Friday 1st March** at the recreation hall and we look forward to seeing you there! All you need to provide is your own meat, salads etc, tablecloth, cutlery, and crockery.



Braai fires will be lit at 17:00, tables and chairs are provided, the Taphuis will be open, (or you can bring your own liquid refreshments).

For those who would like to attend, (both male and female) but are not comfortable braaiing their own meat, there are people who will be more than willing to assist you.



Sybil Exton: 082 851 3208 / Latie Boothea: 083 556 4176 / Dalene Cronje: 082 460 6928

CARE FRIENDS

Well, the year is in full swing and our friends are busy, as winter is approaching and I believe it will be cold. We are trying to make the cold bearable for a few people at least.

We also welcome 2 new members who have joined us.

We donated 10 blankets to an old age home and clothes to KCCA. Everyone is very grateful for the donations.

Well, let's talk less and do more.

Inquiries can be directed to me regarding furniture, bedding, underwear as well as the backpack project.

Kind regards,

Marie Goosen

GARDENING TIPS

The year is well underway, and we must hurry to keep up (old or not), but we don't complain, it keeps us out of trouble. The cold is lurking there in the distance of the tunnel. Our gardens also demand their share of attention.

Buy your spring bulbs by the end of the month, but plant them only when the temperature has cooled down - usually after Easter weekend. Sweet peas that have already been sown should now be strong. Remove the runners so that they produce larger and stronger flowers.

Apply specialized fertilizer to Azaleas, Clivia, and roses that are turning yellow. Treat Conifers preventively against Italian Cypress aphids with Koinor. Prevent black spot by spraying with Chromos twice a month. In autumn, there is more dew on leaves, which creates perfect conditions for black spot to develop.

WINTER PRECAUTIONS

Make sure your garden is ready for the new season:

- Refresh mulch to keep the roots warm on the cold nights ahead.
- If potted plants have outgrown their containers, replant them and apply liquid fertilizer after planting. Also, add fresh potting soil to other potted plants.

- Lift perennials that bloom in summer and divide them, e.g., Agapanthus, Daylilies, and Irises. Do this now so that the roots have enough time to grow before winter.
- Prepare frost cloths and cover plants that are sensitive to frost.

Warm regards and happy gardening.

Marie Goosen

SECURITY

After the cruel month of January (Jannewarie - Jan where has all the money gone) has passed and things are slowly but surely getting back to somewhat normal, we see light at the end of the tunnel. Fortunately, we are now over the holiday fear of whether we might have spent too much money. We are now starting to wonder again "how I am going to make it through the day".

Now it's back to shopping, chores, and other little things that keep me busy, and of course, the **phone calls** that I am the heir of someone who is in the Netherlands or wherever, who kindly thought of me. Now the lady with the lovely voice just wants my bank details and maybe my PIN number, then she immediately deposits the money into my account. Fortunately, I am currently suffering from memory loss and cannot remember my bank details or my PIN number. She gets angry with me and hangs up without me being able to get her name to call her back later. It's a good sign that I was almost fooled.

My advice to everyone is, when the lady calls and I think she might be nice or cute because she has a lovely voice and sounds very friendly, forget about your bank details and focus on anything else, because there are no such good people who will think of you if they don't even know you. **IT'S A SCAM!!**

When you go shopping, focus on what's around you and make sure your wallet is safely in your pocket and cannot easily be taken out. Remember, criminals' holidays are also over, and they have to work again to stay alive.

Let's be positive in 2024 and believe that crime will decrease because a country or town without crime does not exist.

Until we talk again - Panorama Greetings

Piet Marais (011) 954 1561 - 083 379 3703

IMPORTANT INFORMATION

Biblioteek Library	Dins-, Woens-, Donderdag / Tues-, Wednesday-Thursday	10h00 – 12h00	Admin Gebou Admin building	Monika Fourie 082 876 4765
Bingo	Maandag Monday	17h15	Ontspanningsaal Recreation Hall	Jacky Billmann 082 372 5683
Braai	Gedurende somer – 1ste Vrydag vd maand During summer – 1 st Friday of the month	17h00	Ontspanningsaal Recreation Hall	Tom van Rooyen 083 528 9456
Bybelstudie Bible Study (Afrikaans)	Donderdag Thursday	9h00	Ontspanningsaal Recreation Hall	
Gim Gym	Doen aansoek by Ontvangs vir sleutels en reëls		Apply at Reception for keys and rules	
Haarsalon Hair salon	Dinsdag - Vrydag Tuesday - Friday	8h00 – 16h00	Per afspraak By appointment	Sam Marais 060 924 4596
Jukskei	Maandag & Woensdag Monday & Wednesday	15h00	Jukskeibaan	Lou Hein 076 474 2763
Kerkdiens Church Service	Sondag Sunday	9h00	Ontspanningsaal Recreation Hall	
Koerante en tydskrifte Newspapers and magazines				Johan du Toit 082 498 6771
Omgee Vriende Hekel & Brei Care Friends – Crochet & Knitting	Donderdag Thursday	9h00 – 12h00	Terrace	Marie Goosen 082 324 9652
Pilates	Dinsdag, Tuesday Donderdag, Thursday	15h00 14h00	Ontspanningsaal Recreation Hall	Anne Baker 072 524 0489
Potpourri Huis- Tuinbouklub Potpourri Home-and Garden Club	2de Saterdag vd maand 2nd Saturday of month	10h00	Ontspanningsaal Recreation Hall	Marie Goosen 082 324 9652 Rita Viljoen 082 378 7017
Snoeker Snooker	Vrydag Friday	15h00	Snoekerkamer Snooker Room	Piet Marais 083 379 3703
Sosiale klub Social Club				Sybil 082 851 3208 Dalené 011 954 3961 Latie 011 954 0763
Swembad Swimming pool	Doen aansoek by Ontvangs vir sleutels en reëls		Apply at Reception for keys and rules	
Tennis	Woensdag Wednesday	8h00	Tennisbaan Tennis Court	Johan Helberg 076 406 2040
Taphuis Pub	Elke Vrydag Every Friday	15h00		Piet Marais 083 379 3703
Wit Olifanttafel White Elephant Table			Vir enige skenkings For any Donations	Sybil Exton 082 851 3208 Latie Bootha 011 954 0763 Gretchen Fuchs 082 321 0745
Welwillendheid Goodwill				Shirley Theron 082 451 7683



NAAM / NAME

EENHEID / UNIT

Gee die volgende item/s aan:

Give the following item/s to:

.....
NAAM VAN PERSOON / NAME OF PERSON

1.

2.

3.

4.

.....
HANDTEKENING / SIGNATURE DATUM/DATE

.....
SEKURITEIT / SECURITY DATUM/DATE



NAAM / NAME

EENHEID / UNIT

Gee die volgende item/s aan:

Give the following item/s to:

.....
NAAM VAN PERSOON / NAME OF PERSON

1.

2.

3.

4.

.....
HANDTEKENING / SIGNATURE DATUM/DATE

.....
SEKURITEIT / SECURITY DATUM/DATE



NAAM / NAME

EENHEID / UNIT

Gee die volgende item/s aan:

Give the following item/s to:

.....
NAAM VAN PERSOON / NAME OF PERSON

1.

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HANDTEKENING / SIGNATURE DATUM/DATE

.....
SEKURITEIT / SECURITY DATUM/DATE



NAAM / NAME

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Gee die volgende item/s aan:

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